



PATIENT INFORMATION

Name: _____

What You Prefer to be Called: _____

Birth Date: ____/____/____ Age: _____

Address: _____ Apt #: _____

City: _____ State: _____ Zip Code: _____

Phone Number: () _____

Email Address: _____

☐ I would like to opt out of receiving SMS messages and appointment reminders. I understand that Sleigh Family Chiropractic will no longer be able to communicate with me through SMS.

Employer: _____ Occupation: _____

Marital Status: ☐ married ☐ single ☐ divorced ☐ widowed

Spouse's Name: _____ Occupation: _____

Children's Names and Ages: _____

Primary Care Provider's Name: _____ Phone: () _____

Birth Care Provider's Name: _____ Phone: () _____

EMERGENCY CONTACT

Name: _____ Relationship to Patient: _____

Phone Number: () _____

REFERRAL (if applicable)

Referred By: _____

PAYMENT INFORMATION

If you have insurance that may cover chiropractic services, please provide your current insurance card so that we may make a copy. Please enter the following information **in relation to the insurance holder**.

Insured's Name: _____ Insured's Birth Date: ____/____/____

Insurance Company: _____ Member ID: _____

☐ I hereby authorize assignment of my insurance rights and benefits directly to the provider for services rendered.



CURRENT CONDITION

Have you had previous chiropractic care? If so, when? _____

Reason for visit: _____

When did your symptoms appear? _____

How did this condition develop? (fall, accident, gradual, sudden, etc.) _____

Is your condition getting worse over time? ☐ YES ☐ NO

Have you had the same/similar problems before? ☐ YES ☐ NO

Have you seen other doctors for this complaint? ☐ YES ☐ NO

Name of Doctor: _____

What percent of waking hours does it affect you? ☐ less than 25% ☐ 25% ☐ 50% ☐ 75% ☐ 100%

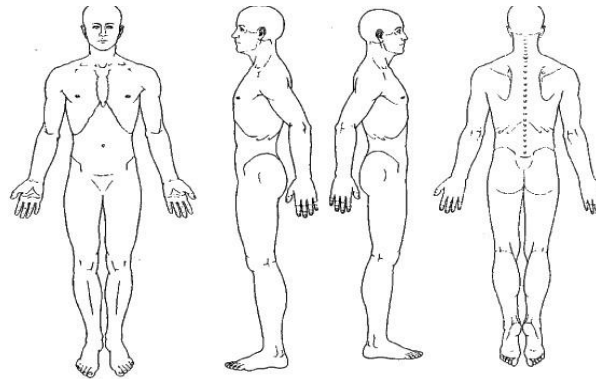
The condition interferes with: ☐ Work ☐ Sleep ☐ Daily routines ☐ Recreation ☐ Other: _____

Activities which are painful: ☐ Standing ☐ Sitting ☐ Lying down ☐ Walking ☐ Bending

Type of pain: ☐ Sharp ☐ Throbbing ☐ Numb ☐ Aching ☐ Shooting ☐ Burning ☐ Tingling ☐ Cramping

☐ Stiff ☐ Swelling

PAIN LOCATION



HEALTH HISTORY

Please indicate if you have any of the following diseases/medical conditions. If the condition happened in the past, indicate by marking with a "P".

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Jaw Pain | <input type="checkbox"/> Psychiatric Care |
| <input type="checkbox"/> Ankle/Foot Pain | <input type="checkbox"/> Fractures | <input type="checkbox"/> Knee/Leg Pain | <input type="checkbox"/> Sciatica |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Headaches | <input type="checkbox"/> Menstrual Problems | <input type="checkbox"/> Scoliosis |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Migraines | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Artificial Bones/Joints | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Miscarriage | <input type="checkbox"/> Shoulder Pain |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Heart Murmur | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Back Pain | <input type="checkbox"/> Hernia | <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Substance Abuse |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Herniated Disc | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Stomach Pain |
| <input type="checkbox"/> Congenital Heart Defect | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Hip Pain | <input type="checkbox"/> Pelvic Pain | <input type="checkbox"/> Whiplash |
| <input type="checkbox"/> Ear Problems | <input type="checkbox"/> Irritable Bowel Syndrome | <input type="checkbox"/> Prostate Problems | <input type="checkbox"/> Wrist/Arm/Elbow Pain |



Please list any other medical condition(s) you have: _____

Please list all medications you are taking (prescription & non-prescription): _____

Are you under the care of another healthcare provider? ☐ YES ☐ NO

If yes, please provide name(s) and type(s) of doctor: _____

Please list anything you may be allergic to: _____

Please list any previous surgeries/procedures with dates:

Date: _____

Date: _____

Date: _____

Please list any and all accidents with dates (car accidents, falls, broken bones, concussions, etc.):

Date: _____

Date: _____

Date: _____

LIFESTYLE

How would you rate your diet? ☐ Excellent ☐ Good ☐ Fair ☐ Poor

Do you exercise regularly? ☐ YES ☐ NO

If yes, how often? _____

Do you wear: ☐ Heel lifts ☐ Sole lifts ☐ Arch supports ☐ Custom orthotics

What is the age of your mattress? _____ Is it comfortable? ☐ YES ☐ NO

Work Habits: ☐ Sitting ☐ Standing ☐ Repetitive bending ☐ Light labor ☐ Heavy labor

Other Habits: ☐ Smoking – frequency: _____ ☐ Drinking – frequency: _____

☐ Caffeine – frequency: _____ ☐ Stress – reason: _____

CURRENT PREGNANCY

How many weeks pregnant are you? _____ weeks Date of missed period: ____/____/____

How many pregnancies have you had previously? _____ How many miscarriages? _____

Have you had any trauma (falls, accidents) during this pregnancy? _____

Please list any medications taken during pregnancy: _____

Have you ever had surgery in the genital region? ☐ YES ☐ NO

If yes, please describe: _____

Do you smoke or drink alcohol? ☐ YES ☐ NO

Do you have a birth plan? ☐ YES ☐ NO



The birth will be assisted by: ☐Midwife ☐OB ☐Doula ☐Other ☐Undecided

Where do you plan on delivering? _____

Are you OK with the use of the following: ☐Epidural ☐Pitocin ☐Vaccinations at birth ☐Ultrasounds

Are you taking a childbirth education class? _____

How many ultrasounds have you had? _____

Please describe your diet: _____

What is your current living situation (married, single, other children in the home, smokers in the home, etc.)? _____

Rate your stress on a scale of 1-10, with 1 being the least amount of stress: _____

PREVIOUS BIRTH HISTORY (if applicable)

Place of Birth: _____

Delivering Practitioner: ☐Midwife ☐OB/GYN ☐Other

Position of Delivery: ☐On your back ☐On your side ☐Kneeling ☐Squatting ☐Other

Presentation of Baby: ☐Normal ☐Posterior ☐Breech ☐Facial ☐Brow

Was labor induced? ☐YES ☐NO

If yes, what type? _____

Were your membranes ruptured by your provider? ☐YES ☐NO

Did you receive pain medication/anesthesia? ☐YES ☐NO

If yes, what type? _____

Did you deliver vaginally? ☐YES ☐NO

Were operative devices used? ☐YES, circle which: forceps vacuum ☐NO

Was there injury to the baby? ☐YES ☐NO

- ❖ We invite you to discuss with us any questions regarding our services. The best health services are based on a mutual understanding between provider and patient.
- ❖ I authorize the staff to perform any necessary services needed during diagnosis and treatment. I also authorize the provider to release any information required to process insurance claims.
- ❖ I understand the above information and guarantee this form was completed correctly to the best of my knowledge and understand it is my responsibility to inform this office of any changes in my medical status.

Signature: _____

Date: ____/____/____



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